

## Why is this study important?

The Mother & Child Health Initiative was developed to improve health care during and after pregnancy for both mother and child.

## Who can participate?

Pregnant women aged 18 to 40 years are invited to participate at each trimester and up to 3 months postpartum and receive remuneration each time!

## What does participation require?

1. Completion of a questionnaire
2. Height and weight measurements
3. A small blood donation

## How will I benefit?

1. Blood test results, upon request
2. \$20 honorarium, per visit
3. Small gift basket

## WANT TO PARTICIPATE OR LEARN MORE ABOUT OUR INITIATIVE ?

### CONTACT US

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# SickKids®

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## MOTHER & CHILD HEALTH INITIATIVE

A healthy start to a baby's life begins with a healthy pregnancy



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## A healthy start to a baby's life begins with a healthy pregnancy.



When pregnant women are screened for a disease, doctors look at blood test results to see if there is cause for concern. Correct interpretation of these medical tests relies on the availability of a range of values obtained from healthy pregnant women.

Currently, there are major gaps in healthy blood test values during pregnancy, compromising the health care of both mother and child.

## Every newborn deserves the best possible start.

By participating in this initiative, you can directly contribute to improved health care for both mother and child during pregnant.

## MOTHER & CHILD HEALTH INITIATIVE

The Mother & Child Health Initiative is part of the **CALIPER** program at SickKids. The CALIPER program focuses on developing healthy reference standards for blood tests in children and adolescents. To date, CALIPER has recruited over 12,000 healthy children and adolescents and studied over 185 laboratory tests! As part of the CALIPER program, the Mother & Child Health Initiative aims to establish a comprehensive database of blood test values in healthy Canadian pregnant women for the first time.

For more information on CALIPER, visit our website:  
[www.caliperproject.org](http://www.caliperproject.org)



## Participation Involves:

- Completion of a consent form and questionnaire
- Height and weight measurements
- A small blood donation

Participants have the option to participate once at each trimester and up to 3 months postpartum and receive remuneration each time.

## Remuneration:

Participants will receive the following each time they participate in the study:

- Blood test results, upon request
- \$20 honorarium per visit
- Gift basket

## We respect your privacy.

Only the collective results of this study will be de-identified and published, all personal information will remain strictly confidential.

