

Pregnancy Health Questionnaire

Today's Date (Month-Day-Year)	Partial Date of Birth (Month-Year)
Due Date (Month-Day-Year)	Pre-Pregnancy Weight (kg)
Have you participated in this study previously? <input type="checkbox"/> No <input type="checkbox"/> Yes. Please specify when: _____	
Country of Birth <input type="checkbox"/> Canada → Please indicate province: _____ <input type="checkbox"/> Other Country (Please specify): _____ → How long have you lived in Canada? _____	
Maternal Ethnicity <input type="checkbox"/> Aboriginal <input type="checkbox"/> Arab/West Asian <input type="checkbox"/> Black <input type="checkbox"/> Chinese <input type="checkbox"/> Filipino <input type="checkbox"/> Japanese <input type="checkbox"/> Korean <input type="checkbox"/> Latin American <input type="checkbox"/> South Asian (e.g. West Indian, Guyanese, India, Pakistan, Bangladesh, Afghanistan, etc.) <input type="checkbox"/> South East Asian (e.g. Burma, Cambodia, Thailand, Vietnam, Singapore, etc.) <input type="checkbox"/> Caucasian <input type="checkbox"/> Other: _____ <input type="checkbox"/> Unknown <input type="checkbox"/> Prefer not to answer	Paternal Ethnicity <input type="checkbox"/> Aboriginal <input type="checkbox"/> Arab/West Asian <input type="checkbox"/> Black <input type="checkbox"/> Chinese <input type="checkbox"/> Filipino <input type="checkbox"/> Japanese <input type="checkbox"/> Korean <input type="checkbox"/> Latin American <input type="checkbox"/> South Asian (e.g. West Indian, Guyanese, India, Pakistan, Bangladesh, Afghanistan, etc.) <input type="checkbox"/> South East Asian (e.g. Burma, Cambodia, Thailand, Vietnam, Singapore, etc.) <input type="checkbox"/> Caucasian <input type="checkbox"/> Other: _____ <input type="checkbox"/> Unknown <input type="checkbox"/> Prefer not to answer

Is your doctor monitoring you for a condition/abnormality?

- No
- Yes – Please Explain: _____

Have you been seriously ill within the past 7 days (i.e. bad cold/flu with fever, etc)?

- No
- Yes – Please Explain: _____

Do you regularly take any prescribed medication(s)?

- Anxiety/Depression Medication
- ADHD/ADD Medication
- Asthma Medication
- Thyroid Medication
- Other** – Please Explain: _____
- No, I do not regularly take prescribed medications

Do you regularly take any supplement(s)?

- Prenatal supplement – Please specify brand: _____
- Folic acid
- Iron
- Vitamin D
- Other** – Please Explain: _____
- No, I do not regularly take supplements

Please indicate ALL non-prescribed medications or substances that you have taken in the past 7 days.

- Cold or Flu Medications** (e.g. Tylenol Cold, Cough and Flu, Decongestants, Cough Syrup, etc.)
- Ibuprofen** (Advil) / **Acetaminophen** (Tylenol) / **Acetylsalicylic Acid** (Aspirin)
- Allergy Medication** (Antihistamines – e.g. Benadryl, Reactine, etc.)
- Other**– Please Explain: _____
- No non-prescribed medications or substances have been taken in the past 7 days

During your pregnancy, have you consumed any of the following?

- Cigarettes
- More than 1 alcoholic drink per week
- Other** – Please Explain: _____
- None of the above were consumed

Please indicate the method of conception for this pregnancy.

- Natural
- Other. Please Explain: _____



Office Use Only Adult ID #: _____

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Height: _____ (cm) Weight: _____ (kg) Hours since last meal: _____ (hours)
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